



# GLUTEN FREE MENU

## APPETIZERS

### CHILLED SHRIMP COCKTAIL

Seven jumbo shrimp served on a bed of field greens with our homemade cocktail sauce - 9.99  
**Ask your server for gluten free cocktail sauce.**

### JAVA BBQ RIBS

Mike says this is a MUST try. Chargrilled tender pork ribs on the bone slathered with our Java BBQ sauce and served with a side of southwestern slaw - 7.99

### HOMEMADE HUMMUS

Incredible hummus homemade daily here at the BBC. A real special dish topped with balsamic roasted peppers and kalamata olives. Served with fresh raw green beans, celery sticks and carrots - 8.99 **Skip the pita chips to be gluten free.**

### STUFFED PORTABELLA MUSHROOM

Large portabella mushroom stuffed with feta cheese, kalamata olives and roasted red peppers, then oven roasted. Topped with fresh basil and a drizzle of balsamic glaze. Served on a bed of field greens - 7.99

### SEARED SASHIMI TUNA

Sushi grade Ahi tuna dusted with sesame seeds, pan seared, sliced and served over Asian vegetables - 9.99  
**Skip the soy sauce to be gluten free.**

### WINGS YOUR WAY

Chicken wings slathered in Buffalo, or BBQ sauces. Served with celery sticks and blue cheese with the Buffalo wings - 7.99 **Ask the server to oven roast your wings to be gluten free.**

## FRESH SALADS

### COBB SALAD

The monster of salads! Slices of grilled chicken, bacon, bleu cheese crumbles, hard boiled eggs, diced avocado, flame roasted corn and black beans, tomatoes, cucumbers and onions - 11.99

### SPINACH SALAD

Chopped bacon, chopped eggs, sliced mushrooms, red onions, and cranberry Wensleydale cheese atop fresh spinach. Served with hot bacon dressing - 9.99  
**Skip onion tanglers to be gluten free.**

### STEAK SALAD

Fresh greens topped with grilled steak medallions, grilled red onions, gorgonzola cheese, candied pecans, tomatoes and cucumbers - 11.99  
**Skip candied pecans to be gluten free.**

### GREEK SALAD

Topped with feta cheese, kalamata and manzanilla olives, diced red onions, diced cucumbers, pepperoncini and roasted garlic. Served with Greek dressing - 8.99

### TAVERN HOUSE SALAD

Garnishments of cucumbers, shredded carrots, sliced tomatoes, and red onions. King - 4.99 Queen - 3.99  
**Skip croutons to be gluten free.**

### ICEBURG WEDGE SALAD

Chilled fresh cut wedges of baby iceberg lettuce topped with chopped bacon, bleu cheese crumbles, red onions and roma tomatoes. Served with bleu cheese dressing - 7.99  
**Add Grilled Chicken Breast - 2.99**

### CAESAR SALAD

Crisp romaine tossed with shaved parmesan cheese, and creamy Caesar dressing. King - 7.99 Queen - 4.99  
**Skip croutons to be gluten free.**  
**Add Grilled Chicken Breast - 2.99**

### CHINESE CHICKEN SALAD

Sliced chicken breast layered with rice noodles, bok choy, red onions, napa cabbage, pea pods, spinach, Mandarin oranges, sprouts, and sesame seeds. Tossed in a mango pineapple vinaigrette - 10.99  
**Ask server to exclude the wonton skins for gluten free.**

### CHOPPED GRILLED SHRIMP SALAD

Grilled jumbo shrimp, tomatoes, red onions and cucumbers all chopped over a bed of lettuce with bleu cheese crumbles - 11.99

### WENSLEYDALE

### CHICKEN & PEAR SALAD

Grilled chicken topped with cranberry Wensleydale cheese, pears, caramelized walnuts, dried cranberries, pea shoots, cucumbers and onions - 11.99  
**Skip caramelized walnuts to be gluten free.**

### GLUTEN FREE SALAD DRESSINGS

Bleu Cheese • Balsamic Vinaigrette • Greek  
Mango • Pineapple Vinaigrette • Ranch  
Lite Italian • Parmesan Peppercorn

## WRAPS

### EXTRA TOPPINGS

American • Cheddar • Swiss • Bleu Cheese  
Bacon • Lettuce • Tomato • Onion  
Mushroom • Pepper • Caramelized Onion  
BBQ Sauce • Russian Dressing • All 30¢ Each

### SANDWICHES COME WITH ONE OF THE FOLLOWING SIDES

Grilled Fingerling Potato • Cheddar Mashed Potato  
Jasmine Rice • Fresh Vegetable Du Jour • Cole Slaw  
Stir Fry Vegetable In Plum Sauce

### GRILLED CHICKEN CAESAR WRAP

Grilled chicken, romaine leaves, shaved parmesan cheese and Caesar dressing - 7.99  
**Ask your server for a gluten free wrap.**

### THE FIREMAN'S FAMOUS STEAK WRAP

Shaved porterhouse steak topped with crumbled bleu cheese and caramelized onions - 7.99  
**Ask your server for a gluten free wrap.**

### PRIME RIB WRAP

Hand carved prime rib served with horseradish, lettuce and tomatoes - 9.99  
**Ask your server for a gluten free wrap.**

# ENTRÉES

## BBQ RIBS

St. Louis pork ribs slow cooked in our gluten free beer marinade just ready to fall off the bone. Served with grilled fingerling potato, grilled pineapple, and cole slaw  
Full Rack - 17.99 Half Rack - 14.99

**Skip sweet potato fries to be gluten free.**

## BRILLIANT STEAK OR TURKEY TIPS

Your choice of hand cut steak, turkey, or a combo of both turkey and steak tips tossed in BBQ sauce. Served with cheddar mashed potato and fresh vegetable - 13.99 Kids Portion - 7.99

**Ask your server to use BBQ sauce and skip the green beans to be gluten free.**

## FLAT IRON STEAK

Known for its tenderness and flavor this organically raised choice beef is served on a sizzling hot flat iron skillet. Served with cheddar mashed potato and fresh vegetables - 13.99

**Skip the peppercorn demi-glaze to be gluten free.**

## SWEET PLUM SALMON

An Alaskan salmon fillet glazed with plum sauce and chargrilled. Served over jasmine rice and stir fried vegetables - 14.99

# BURGERS

## WENSLEYDALE BURGER

A chargrilled 100% ground sirloin steak burger topped with caramelized onions and cranberry Wensleydale cheese - 10.99

**Exclude the roll to be gluten free.**

## THE BBC BURGER

A chargrilled 100% ground sirloin steak burger topped with hickory smoked bacon and Gouda cheese, lettuce, tomatoes, red onions, ketchup and mustard - 8.99

**Exclude the roll to be gluten free.**

## THE CROWN BURGER

A chargrilled 100% ground sirloin steak burger that is bigger than the king's crown - 7.99

**Exclude the roll to be gluten free.**

## EXTRA TOPPINGS

American • Cheddar • Swiss • Bleu Cheese  
Bacon • Lettuce • Tomato • Onion • Mushroom  
Pepper • Caramelized Onion • BBQ Sauce  
Russian Dressing • All 30¢ Each

## SANDWICHES COME WITH ONE OF THE FOLLOWING SIDES

Grilled Fingerling Potato • Cheddar Mashed Potato  
Jasmine Rice • Fresh Vegetable Du Jour • Cole Slaw  
Stir Fry Vegetable In Plum Sauce

# IMPERIAL PIZZA

12" PUB STYLE PIZZA (GLUTEN FREE DOUGH!) - 9.99

## PIZZA TOPPINGS - 1.00 each

Onion, Caramelized Onion, Broccoli, Mushroom, Jalapeño, Spinach, Roasted Red Pepper, Black Olives, Pickle, Green Pepper, Tomato, Pineapple

## PHILLY CHEESE STEAK PIZZA

Choice shaved sirloin, cheddar cheese, onions, mushrooms, peppers and our red sauce - 13.99

## BLT PIZZA

Crispy bacon, lettuce, sliced tomatoes, cheddar cheese and our red sauce - 13.99

## BACON & SCALLOP PIZZA

Crisp bacon, chopped scallops and our red sauce topped with mozzarella cheese - 13.99

## PULLED PORK PIZZA

Shredded BBQ pulled pork, cheddar cheese, thinly sliced red onions and our honey BBQ sauce - 13.99

## MEDITERRANEAN PIZZA

Portabella mushroom, roasted red peppers, kalamata olives, fresh basil and our red sauce topped with feta cheese and drizzled with a sweet balsamic glaze - 13.99

## THE NORTH END

Chicken, mozzarella cheese, broccoli, sliced tomatoes, garlic and our red sauce - 12.99

## THE MARGHERITA

Sliced roma tomatoes, fresh mozzarella cheese and fresh basil brushed with garlic oil - 12.99

## PREMIUM PIZZA TOPPINGS - 1.50 each

Pastrami, Ham, Grilled Chicken, Pulled Pork, Bacon, Pepperoni, Shaved Steak, Extra Cheese, Sausage, Hamburger, Chouriço, Anchovy

## SPINACH & WILD MUSHROOM PIZZA

Wild mushrooms, fresh spinach and our red sauce topped with fresh and whole milk mozzarella cheeses, then drizzled with a sweet balsamic glaze - 12.99

## THE FENWAY

Sausage, peppers, onions and our red sauce - 12.99

## THE VEGETARIAN

Broccoli, roasted red peppers, olives, mushrooms, mozzarella cheese and our red sauce - 12.99

## BBQ CHICKEN PIZZA

Grilled BBQ chicken breast, cheddar cheese, thinly sliced red onions and our honey BBQ sauce - 12.99

## CHICKEN FAJITA PIZZA

Grilled chicken, cheddar cheese, onions, peppers and our red sauce - 12.99

## SHRIMP SCAMPI PIZZA

Shrimp and roasted red peppers in a classic garlic sauce topped with freshly grated parmesan cheese - 13.99

## THE MAUI WOWWIE

Crumbled chouriço, mozzarella cheese, our red sauce and pineapple chunks - 12.99

**Make it a Maui Powwie with jalapeños and kick it up with our exclusive "Sympathy for the Devil" sauce 1.00 more.**

This menu and information on it is provided by The British Beer Company in cooperation with the Gluten Intolerance Group, as a service to our customers. The British Beer Company and the Gluten Intolerance Group assume no responsibility for its use and information which has not been verified by The British Beer Company. Patrons are encouraged to their own satisfaction, to consider this information in light of their individual requirements and needs. Updated 04/2009